

1. The home health (HH) nurse enters the home of an 80-year-old female client who had a cerebrovascular accident (CVA), or “brain attack,” 2 months ago. The client is complaining of a severe headache. Which intervention should the nurse implement first?
 1. Determine what medication the client has taken.
 2. Assess the client’s pain on a 1-to-10 pain scale.
 3. Ask whether the client has any acetaminophen (Tylenol).
 4. Tell the client to sit down, and take her blood pressure.

2. The HH nurse received phone messages from the agency secretary. Which client should the nurse phone first?
 1. The client diagnosed with hypertension who is reporting a BP of 148/92.
 2. The client diagnosed with cystic fibrosis who has a pulse oximeter reading of 93%.
 3. The client diagnosed with congestive heart failure who has edematous feet.
 4. The client diagnosed with chronic atrial fibrillation who is having chest pain.

3. The HH director of nurses is orienting new HH nurses to the agency. Which information should the director tell the new HH nurse is priority to be successful in HH nursing?
 1. Discuss the importance of the weekly team conference meetings.
 2. Discuss the need for clients to have an Advance Directive.
 3. Explain that the greatest challenge is motivating the client to learn.
 4. Explain how to coordinate the client's care with other disciplines.
4. The HH nurse is scheduling visits for the day. Which client should the nurse visit first?
 1. The client with an L-4 SCI who is complaining of a severe, pounding headache.
 2. The client with chronic leukemia who is depressed and does not want to live.
 3. The client with chronic obstructive pulmonary disease who is short of breath.
 4. The client with type 2 diabetes mellitus who has numbness in the legs.
5. The HH nurse is visiting a client diagnosed with end-stage congestive heart failure. The nurse finds the client lying in bed, short of breath, unable to talk, and with buccal cyanosis. Which intervention would the HH nurse implement first?
 1. Assist client to a sitting position.
 2. Assess the client's vital signs.
 3. Call 911 for the paramedics.
 4. Auscultate the client's lung sounds.
6. The HH nurse is visiting a 92-year-old client with an out-of-hospital do not resuscitate (DNR) order who has stopped breathing and has no pulse or blood pressure. The client's family is at the bedside. Which action should the HH nurse implement first?
 1. Contact the agency's chaplain.
 2. Pronounce the client's death.
 3. Ask the family to leave the bedside.
 4. Call the client's funeral home.
7. The male HH nurse is planning his visits for the day. Which client should the nurse visit first?
 1. The client diagnosed with AIDS who has developed Kaposi's sarcoma.
 2. The client diagnosed with dementia who is having difficulty dressing himself.
 3. The client diagnosed with a venous stasis ulcer who is complaining of pain.
 4. The client diagnosed with Parkinson's disease who is hallucinating.
8. The HH nurse in the office is notified that the female client on warfarin (Coumadin), an oral anticoagulant, has an international normalized ratio (INR) of 3.8. Which action should the HH nurse implement first?
 1. Document the result of the INR in the client's chart.
 2. Contact the client and ask whether she has any abnormal bleeding.
 3. Notify the client's health-care provider of the INR results.
 4. Schedule an appointment with the client to draw another INR.
9. The HH nurse received laboratory results on the following clients. Which client should the HH nurse contact first?
 1. The client who has an INR of 2.8.
 2. The client who has a serum potassium level of 3.8 mEq/L.
 3. The client who has a serum digoxin level of 2.6 mg/dL.
 4. The client who has a glycosylated hemoglobin of 6%.
10. The HH nurse is caring for a 22-year-old female client who sustained an L-5 spinal cord injury 2 months ago. The client says, "I will never be happy again. I can't walk, I can't drive, and I had to quit college." Which intervention should the nurse implement first?
 1. Allow the client to ventilate her feelings of powerlessness.
 2. Refer the client to the home health-care agency social worker.
 3. Recommend contacting the American Spinal Cord Association.
 4. Ask the client whether she has any friends who come and visit.

11. Which action by the HH aide indicates to the HH nurse that the aide understands the correct procedure for applying compression stockings to the client recovering from a pulmonary embolus?
 1. The HH aide instructs the client to sit in the chair when applying the stockings.
 2. The HH aide cannot insert one finger under the proximal end of the stocking.
 3. The HH aide ensures the toe opening is placed on the top side of the feet.
 4. The HH aide checked to make sure the toes were warm after putting the stockings on.
12. The female HH aide calls the office and reports pain after feeling a pulling in her back when she was transferring the client from the bed to the wheelchair. Which priority action should the HH nurse tell the HH aide?
 1. Explain how to perform isometric exercises.
 2. Instruct her to go to the local emergency room.
 3. Tell her to complete an occurrence report.
 4. Recommend that she apply an ice pack to the back.
13. The female client with osteoarthritis is 6 weeks postoperative for open reduction and internal fixation of the right hip. The HH aide tells the HH nurse the client will not get in the shower in the morning because she hurts all over. Which action would be most appropriate by the HH nurse?
 1. Tell the HH aide to allow the client to stay in bed until the pain goes away.
 2. Instruct the HH aide to get the client up to a chair and give her a bath.
 3. Explain to the HH aide to the client should get up and take a warm shower.
 4. Arrange an appointment for the client to visit her health-care provider.
14. The HH nurse is discussing the care of a client with the female HH aide. Which task can the HH nurse delegate to the HH aide?
 1. Instruct her to assist the client with a shower.
 2. Ask her to prepare the breakfast meal for the client.
 3. Request her to take the client to an HCP's appointment.
 4. Tell her to show the client how to use a glucometer.
15. The HH care agency director is teaching a class to the HH aides concerning safety in HH nursing. Which statement by the HH aide indicates the director needs to re-teach safety information?
 1. "It is all right to call the agency if I am afraid of going into the home."
 2. "I should wear my uniform and name tag when I go into the home."
 3. "I must take my cellular phone when visiting the client's home."
 4. "It is all right if I don't wear gloves when touching bodily fluids."
16. The HH care agency director is making assignments. Which client should be assigned to the most experienced HH nurse?
 1. The client who is recovering from Guillain-Barré syndrome who reports being tired all the time.
 2. The client who has multiple stage 3 and 4 pressure ulcers on the sacral area.
 3. The client who is 2 weeks postoperative for laryngectomy secondary to laryngeal cancer.
 4. The client who is being discharged from service within the next week.
17. The HH nurse is visiting the client diagnosed with end-stage chronic obstructive pulmonary disease (COPD) while the HH aide is providing care. Which action by the HH aide would warrant intervention by the nurse?
 1. The HH aide keeps the bedroom at a warm temperature.
 2. The HH aide maintains the client's oxygen rate at 2 L/min.
 3. The HH aide helps the client sit in the orthopneic position.
 4. The HH aide allows the client to sleep in the recliner.

18. Which task would be most appropriate for the HH nurse to delegate to a female HH aide?
 1. Instruct her to change the client's subclavian dressing.
 2. Ask her to reinsert the client's Foley catheter.
 3. Request her to demonstrate ambulation with a walker.
 4. Tell her to get the client up in a chair three times a day.
19. In the local restaurant, the HH nurse overhears one of the HH aides talking to her friend about a client. The HH aide is telling her friend how nice the client is and how beautiful the home is. Which action should the HH nurse take?
 1. Do not approach the HH aide in the restaurant.
 2. Ask the HH aide not to discuss anything about the client.
 3. Contact the HH care agency and report the behavior.
 4. Tell the client the HH aide was violating her confidentiality.
20. The 92-year-old client has a hospital bed in the home and is on strict bed rest. The HH aide cares for the client in the morning 5 days a week. Which statement by the HH aide warrants intervention by the HH nurse?
 1. "I do not give her a lot of fluids so she won't wet the bed."
 2. "I perform passive range of motion exercises every morning."
 3. "I put her on her side so that there will be no pressure on her butt."
 4. "I do not pull her across the sheets when I am moving her in bed."

Managing Clients and Nursing Staff

21. The HH aide calls the HH nurse to report the client has a reddened area on the sacral area. Which intervention should the nurse implement first?
 1. Notify the client's health-care provider.
 2. Visit the client to assess the reddened area.
 3. Document the finding in the client's chart.
 4. Refer the client to the wound care nurse.
22. The 32-year-old male client with a traumatic right above-the-elbow amputation tells the HH he is worried about supporting his family and finding employment since he can't be a mechanic anymore. Which intervention should the nurse implement?
 1. Contact the HH agency's occupational therapist.
 2. Refer the client to the state rehabilitation commission.
 3. Ask the HH agency's social worker about disability.
 4. Suggest he talk to his wife about his concerns.
23. The HH nurse is completing the admission assessment for an obese client diagnosed with a myocardial infarction with comorbid type 1 diabetes and arterial hypertension. Which priority intervention should the nurse implement?
 1. Encourage the client to walk 30 minutes a day.
 2. Request HH registered dietitian to talk to the client.
 3. Refer the client to a cardiac rehabilitation unit.
 4. Discuss the need to lose 1 to 2 pounds a week.
24. The HH director of nurses hears an HH nurse and the occupational therapist loudly disagreeing about the care of a newly admitted client while they are sitting in an area that is accessible to anyone coming into the office. Which action should the director of nurses implement first?
 1. Ask the staff members to move the argument to another room.
 2. Request both individuals to come into the director's office.
 3. Call the secretary with instructions for the staff to quit arguing.
 4. Tell the staff members that arguing is not allowed in the office.